

Editors' Choice

OUR FAVORITE RUNNING SHOES + ROAD BIKES

LIVE BRAVELY

Outside

TRIPS OF THE YEAR

33 NEW IDEAS FOR ADVENTURE




BOMB THE BACKCOUNTRY
A RADICAL PLAN TO SAVE SKIING

HELLO, JELL-O
WHY EVERYONE NEEDS COLLAGEN

TRUMP'S STAIRCASE
TREKKING A SHRUNKEN UTAH MONUMENT

ATTACKED ON THE TRAIL
HOW I OVERCAME TERROR IN THE MOUNTAINS





Into the Great Wide Open

FIFTEEN COUNTRIES.
SIXTEEN STATES.
THIRTY-THREE
ADVENTURES. YOUR
TRAVEL BUCKET LIST
JUST GOT A WHOLE
LOT LONGER.

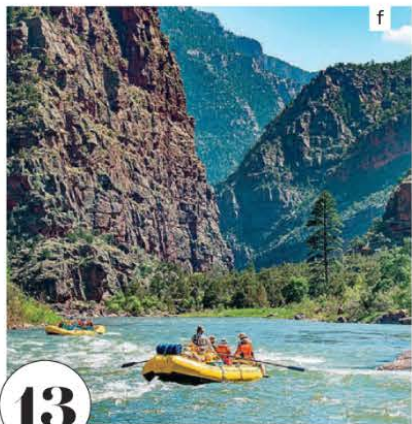
2019
**BEST
TRIPS**

Milford
Sound
Lodge, New
Zealand

2019
BEST TRIPS



a, e. Niehku Mountain Villa
b. Croatia
c. Arkansas
d. Farm to Fork Fondo
f. Green River



13

Colorado and Utah

When explorer John Wesley Powell made the historic first descent of the uncharted Green and Colorado Rivers in 1869, which was considered impossible at the time, one boat sank and nearly half the crew abandoned the cause. Things will definitely go more smoothly on OARS's 150th anniversary re-creation of a portion of the expedition. The 28-day, 466-mile, fully outfitted trip through Colorado and Utah encompasses some of the most iconic landscapes in the Southwest—many of them named by Powell himself—while hitting an overload of Class II–IV whitewater. OARS will run expeditions by raft and dory from Flaming Gorge to Lake Powell in June and September, but if you can't make the whole enchilada, sign up for the 13-day upper-river or 16-day lower-river section of the trip. \$8,899 for the full expedition —GRAHAM AVERILL



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Sweden

In their youth, the owners of Niehku Mountain Villa, a 14-room adventure base 124 miles north of the Arctic Circle, were ski-bum fixtures at Riksgränsen, a nearby resort on the Norwegian border. Today, Johan Lindblom, a ski patroller turned international mountain guide, and Patrik Strömsten, a ski racer turned award-winning sommelier, run what's arguably the Arctic's most luxe lodge, complete with a 500-bottle wine cellar and tundra-to-table restaurant. From its doorstep, helicopters can access 60 skiable mountain peaks. And unlike the Alps, where heli-skiing is limited to a handful of prescribed landing spots, the Arctic is a rule-free playground where you can do as many as 15 lines a day. Grabbing first chair at your local hill no longer sounds that impressive, huh? From \$4,658 for three-day heli-ski packages, meals and accommodations included —J.M.



b



c

FARM TO FORK FONDO

Happy Tummies Ride Local



d

ALONG FOR THE RIDE

OUR FAVORITE NEW CYCLING TRIPS

→ **15. Bourbon Trail, Kentucky**

The Kentucky Distillers' Association recently launched three new cycling routes, including a three-day, 188-mile pilgrimage to ten distilleries, notably Woodford Reserve and Maker's Mark.

→ **16. Dalmatian Islands, Croatia**

For eight days, guests on DuVine Cycling's Yacht and Bike Tour island-hop around the Adriatic to cycle some of the region's best routes, from the olive groves of Brac to the ancient fishing villages on the isle of Vis. \$7,695

→ **17. The Ozarks, Arkansas**

The International Mountain Bicycling Association's Epic-designated Upper Buffalo Headwaters Trail is like pizza, says Slaughter Trail Guides

founder Dustin Slaughter: "Even when it's bad, it's good." Guided day trips tackle big hills and creek crossings, with opportunities to cool off in blue lagoons. From \$95

→ **18. North High lands, Scotland**

Wilderness Scotland has launched a seven-day road-cycling trip along the North Coast 500, Scotland's Route 66, which winds past rugged mountains, sweeping beaches, and charming fishing villages. May 11 and June 29; \$2,250

→ **19. Lake Champlain, Vermont**

On this edition of the foodie-friendly Farm to Fork Fondo series, routes of 7 to 93 miles around the Champlain Islands include pit stops stocked with local cider slushies and wood-fired pizzas. Finishers are rewarded with a BBQ feast and a pint of regional craft beer. July 21; from \$40 —J.M.

CLOCKWISE FROM TOP LEFT: ERIK NISSEN JOHANSEN; DIVINE CYCLING AND ADVENTURE; HANSJ JOHNSON; FARM TO FORK FONDO; DAVID CARLIER; JOSH MILLER PHOTOGRAPHY