



TOUR ITINERARY

Europe / Holland

Holland Bike Tour

Windmills, Beer, and Cheese



TOUR HIGHLIGHTS

- Admire iconic Dutch windmills, then visit a working one to find out how they function
- Indulge in epicurean experiences, including a Gouda cheesemaking demonstration, dinner in the home of a Utrecht local, and a Michelin-starred meal
- Listen to a local historian's lesser-known accounts of WWII-era Holland
- Visit a *botter* shipyard to see how artisans craft and maintain these traditional fishing vessels



ARRIVAL + DEPARTURE

Arrival Details

- ✈ **Airport City:**
Amsterdam, Holland
- 📍 **Pick-Up Location:**
Zwolle Train Station
- 🕒 **Pick-Up Time:**
11:00 am

Departure Details

- ✈ **Airport City:**
Amsterdam, Holland
- 📍 **Drop-Off Location:**
Gouda Train Station
- 🕒 **Drop-Off Time:**
12:00 pm

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or emergency@duvine.com.



TOUR ITINERARY

Tour By Day

DAY
1

Welcome to the Netherlands

Meet our guides at the Zwolle train station where the adventure begins. Our bikes are waiting for us in Elburg, a scenic nearby town surrounded by 13th-century fortifications. Enjoy a light lunch of *bitterballen* and local delicacies before a bike fitting and safety talk, then cycle from the town gates into the countryside. Quiet, scenic bike paths and forest roads lead us to our first hotel: the Relais and Châteaux property Hotel Landgoede Het Roode Koper. Hear from a local historian how the people of this area risked their lives to hide Jewish citizens during WWII. Tonight, an elegant dinner sets the tone for the incredible week ahead.

Meals: Lunch / Dinner

Destinations: Elburg, Vierhouten

Accomplished: 20 miles / 32 km, elevation gain: 423 feet / 129 meters

Longer Option: 29 miles / 47 km, elevation gain: 617 feet / 188 meters

Accommodations: [Hotel Landgoed Het Roode Koper](#)

DAY
2

Off to Spakenburg for Shipyards and Clogs

Today we head southeast towards the bustling city of Utrecht. Our route begins in the countryside and takes us along the Zeedijk sea dike to the scenic seaport of Spakenburg, a historic fishing village since the Middle Ages. After lunch, a local welcomes us to his *botter* shipyard to see how artisans craft and maintain these traditional fishing vessels. Cycle or shuttle to our hotel for some downtime before one of our favorite local dining experiences.

Meals: Breakfast / Lunch / Dinner

Destinations: Ermelo, Spakenburg, Utrechtse Heuvelrug, Utrecht

Accomplished: 24 miles / 39 km, elevation gain: 620 feet / 189 meters

Longer Option: 47 miles / 76 km, elevation gain: 840 feet / 256 meters

Accommodations: [Grand Hotel Karel V Utrecht](#)

TOUR ITINERARY

DAY
3

The Windmill Loop

Today we head north along Utrecht's waterways and through the countryside dotted with tidy villages and brick castles. We pause at a working windmill and take a look inside to better understand how these ubiquitous structures keep the locals' feet dry by pumping water away from the lowlands. Continue pedaling along the Rijn back towards Utrecht and enjoy lunch next to the canal. Utrecht offers all the appeal of Amsterdam, but remains relatively under the radar—see what we love about this city as you spend the rest of the day exploring cobbled streets and canals before regrouping for dinner and a biertje tasting at a local brewery.

Meals: Breakfast / Lunch / Dinner

Destinations: Utrecht, Maarssenbroek, Loosdrecht

Accomplished: 27 miles / 43 km, elevation gain: 420 feet / 128 meters

Longer Option: 38 miles / 61 km, elevation gain: 617 feet / 188 meters

Accommodations: [Grand Hotel Karel V Utrecht](#)

DAY
4

Utrecht to Gouda

Cycle past Kasteel de Haar, one of the most beautiful castles in Holland, on our way to the town of Gouda, a city made famous for smoking pipes and stunning 15th-century Gothic architecture—but mostly for its cheese. Spin along verdant country lanes and pique your appetite for cheese with a tasting at a local cheese aging warehouse. After a short ride down the road, the main course is lunch at bistro in Oudewader. Ride the rest of the way or transfer to our next hotel, the luxurious Relais & Châteaux Weeshuis Gouda, and spend the rest of the afternoon at your leisure. Your guides can suggest a few of their favorite restaurants in town for dinner on your own.

Meals: Breakfast / Lunch

Destinations: Lisse, Gouda

Accomplished: 21 miles / 35 km, elevation gain: 364 feet / 111 meters

Longer Option: 32 miles / 52 km, elevation gain: 485 feet / 148 meters

Accommodations: [Weeshuis Gouda](#)

TOUR ITINERARY

DAY
5

Kinderdijk

This morning's loop ride is lined with windmills as we pedal into the green heart of the Netherlands—including Kinderdijk, a UNESCO World Heritage windmill village. Following our morning of scenic and serne cycling, break for lunch at a Dutch café, followed by a taste of gelato hand-churned by a beloved local farmer. This afternoon, visit the Gouda studio of a Delft porcelain painter, who will share the history and tradition of this painstakingly pretty craft. Tonight, toast to our wonderful week together and enjoy a final celebratory dinner at our hotel's Michelin-starred restaurant.

Meals: Breakfast / Lunch / Dinner

Destinations: Kinderdijk, Lekkerkerk, Gouda

Accomplished: 24 miles / 42 km, elevation gain: 452 feet / 138 meters

Longer Option: 34 miles / 59 km, elevation gain: 531 feet / 162 meters

Accommodations: [Weeshuis Gouda](#)

DAY
6

Goodbye Holland!

Today we'll bid the Netherlands *dag* as we say goodbye to this beautiful country after a long, leisurely breakfast. Your guides will transfer you to the Gouda train station, where they will see you off.

Meals: Breakfast

YOUR TOUR DETAILS

Preparing for Your Tour

Travel Services

DuVine can assist with the following reservations for up to three days before and after your tour.

- Pre and post-trip hotels in all major cities, in addition to the first and last on-tour hotels
- Private transfers

DuVine's travel advisor partners are happy to assist with flight reservations. If you are not already working with an agent, please request a referral from your Tour Coordinator.

Travel Protection

DuVine offers a **Travel Protection Plan** to help protect your travel investment, your belongings, and most importantly, you. The offered Travel Protection Plan is non-refundable, but it is strongly recommended in the unfortunate event that you have to cancel or leave your trip.

NOTE: Plan benefits, limits, and provisions may vary by state or jurisdiction. In order to receive full benefits, Travel Protection must be purchased within 21 days of initial tour deposit. This plan is available to citizens of the U.S. and Canada only.

Gratuities

Gratuities are much appreciated to thank DuVine guides for exceptional service, support, and expertise. The industry standard is for each guest to tip 10-15% (U.S. tours and Cycle + Sail tours) or 7.5-10% (all other tours) of their trip price. The recommended per-traveler amount is an appropriate gratuity for your guide team as a whole. (It is not necessary to tip this amount *per* guide.) Tips are customary at the end of your tour, and local currency is always preferred. We recommend bringing extra cash or visiting the ATM at the beginning of your trip. For alternate methods of tipping (including Venmo, PayPal, and TransferWise), **please see our FAQs**.



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YOUR TOUR DETAILS

Bikes

DuVine's top-of-the-line bikes are tuned to perfection and fit specifically to you. Our performance bikes from premier manufacturers feature light frames, smooth-rolling tires, comfortable seats, and wide gear ranges for the best ride possible. Please see our website for the exact bike models offered on tour. Additionally, e-bikes are available on most DuVine tours. Electric assist provides an extra boost to your own pedal power, so you can ride longer distances, tackle tougher climbs, and maintain a faster pace. Electric assist is available on a first-come, first-served basis. Contact your Tour Coordinator if you are interested.

Electrical Overseas

If you're traveling abroad, you will most likely need an [adapter](#), which allows your device's plug to fit into foreign outlets. North American devices run on 110/125V electricity while the majority of the world runs on 220/240V. Converters and transformers change the voltage of electricity to match your device.

Training

First and foremost, get out on your bike and start logging some miles. Nothing compares to the real thing, but if you can't cycle outside, consider spin classes. Experience with the elements of wind, actual hills, terrain, etc will help with your comfort level (balance, unexpected conditions, etc.) on tour. Always remember, training is a gradual process—don't try to overdo it or push yourself when you aren't ready. However, the most important part of training is to enjoy your ride! [Download a training guide](#) based on your Tour Level.

Travel Sustainably

DuVine is committed to sustainable travel and has been a 100% carbon neutral company since 2022. While cycling is an inherently eco-conscious mode of travel, we continuously seek ways to lessen our footprint, whether it be biodegradable water bottles or compostable gear mailers.

[Read more](#) about sustainability at DuVine.



YOUR PACKING LIST

On The Bike

- ☐ Cycling jerseys or athletic shirts
- ☐ Cycling shorts
- ☐ Cycling shoes (if you bring your own pedals)
- ☐ Sneakers (if you don't bring your own pedals)
- ☐ Athletic socks
- ☐ Arm/leg warmers
- ☐ Lightweight, waterproof, wind-resistant jacket or vest
- ☐ Bike gloves
- ☐ Bike saddle/cover (if you prefer your own)

Off The Bike

- ☐ Walking shoes
- ☐ Hiking shoes (if required)
- ☐ Long + short-sleeved shirts
- ☐ Sweater/jacket for evenings
- ☐ Dinner attire (dressy casual) + dress shoes
- ☐ Swimsuit

Travel Items*

- ☐ Travel confirmations + tickets for air, rail, etc.
- ☐ Passport, including photocopy
- ☐ Local currency
- ☐ DuVine Tour Itinerary (with meeting + departing info)
- ☐ Health insurance information
- ☐ Medications
- ☐ Cycling gear (+ pedals) if riding on Day 1

*We recommend keeping these items in your carry-on

Additional Items

- ☐ Cell phone + charger
- ☐ Photography gear + charger
- ☐ Power/plug adapter
- ☐ Toiletries
- ☐ Sunscreen, sunglasses, + other sun protection gear
- ☐ Insect repellent

What We Provide

- Bike saddle
- GPS (where available)
- Flat or caged pedals
- DuVine t-shirt and jersey
- Helmet
- Water bottle
- Snacks/nutrition
- Drawstring bag

Order DuVine Gear

Want DuVine bike shorts to match your complimentary jersey? To order, contact tourcoordinators@duvine.com. Gear is shipped free of charge to DuVine guests in the U.S. and Canada. For expedited shipping and guests outside of the U.S. and Canada, additional shipping fees will apply.

Do I need to bring special gear?

- Cycling shorts are designed to provide extra padding when spending the whole day in the saddle. Don't forget the chamois cream!
- If you bring your own cycling shoes, you must bring your own pedals. If you've never used clip-in pedals before, we don't recommend using them on tour.
- Arm and leg warmers are essential for cooler weather. Wear them with your short-sleeve jersey and shorts for lightweight, easy-to-pack, and effective warmth.
- Bike gloves are a preference, but are recommended for Level 3 and 4 tours. The padding in gloves can ease arm, shoulder, and joint fatigue.

Dressing for the Weather

- The location and time of year of your tour can bring all kinds of weather, from extreme heat to relentless rain. Check extended forecasts before your trip and pack accordingly.

Before You Go

- Ensure your passport is valid for 3-6 months after return date.
- Call your bank/credit cards to notify them of upcoming travel.
- Please limit your luggage to one medium-sized suitcase and one carry-on.

BIKE SAFETY

We strongly suggest that you read these simple safety instructions. They will help you bike safely before and during your tour!

- Wear a helmet—this is mandatory on tour!
- Familiarize yourself with traffic laws and obey them. Bikes do not have the right of way, but most drivers are respectful to cyclists on the road. Always ride in the direction of traffic.
- Be aware of your surroundings at all times. Knowing what is in front of and behind you may help prevent an accident.
- Alert other riders around you by announcing the presence of traffic ("car up") or pot holes ("pot hole").
- When riding as a group, maintain distance between yourself and other cyclists
- Learn the hand signals to indicate when you are stopping or turning.
- Operate your bike consistently and predictably—avoiding erratic movements.
- Keep at least one hand on the handlebars at all times.
- Primarily use your rear brake.
- Always be aware of weather and road conditions and how they may affect your ability to brake.
- Never wear headphones or use speakers during rides.
- Always listen to additional instructions from your guides on tour.

If you have chosen an e-bike, be aware that it is slightly heavier, faster, and more powerful than a non-electric bike. Therefore, you should anticipate a different reaction when riding downhill, breaking, or dismounting from an e-bike. Your guides can offer further instruction during your bike fitting and safety review.

