



TOUR ITINERARY



Europe / Italy / Veneto

Verona + Lake Garda Bike Tour

Veneto: A Land of Imagination and Poetry

TOUR HIGHLIGHTS

- Sip wine with Nicola, our friend and local Amarone winemaker, in the cellar at his family farmhouse
- Ride an idyllic bike path into the heart of Renaissance Mantua to explore the frescoed palaces and cobbled streets of this UNESCO World Heritage site
- Take a dip in Lake Garda during a private boat ride across Italy's largest lake
- Spend three nights at the stunning Villa Cordevigo hotel, nestled in the vineyards between Lake Garda and the Valpolicella
- Visit the Lessini Mountains where historic WWI trenches contrast with peaceful views over the Valpolicella



ARRIVAL + DEPARTURE

Arrival Details

- ✈ **Airport City:**
Milan or Venice, Italy
- 📍 **Pick-Up Location:**
Porta Nuova Train Station in Verona
- 🕒 **Pick-Up Time:**
9:00 am

Departure Details

- ✈ **Airport City:**
Milan or Venice, Italy
- 📍 **Drop-Off Location:**
Porta Nuova Train Station in Verona
- 🕒 **Drop-Off Time:**
12:00 pm

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or emergency@duvine.com.



TOUR ITINERARY

Tour By Day

DAY
1

Lake Garda

Your guides will meet you in Verona and then we're off to the southern shores of Lake Garda. The idyllic terrain belies the historic summer of 1859, when Italian, French, and Austrian armies clashed here in a battle that set Italy on a path to unification. Soak up this history as we ride to the monumental tower of San Martino and on to Peschiera, the quaint lakefront town where we'll board our private boat for a lunchtime cruise on Lake Garda. Take in the mountain scenery and cool down with a dip in the brilliant blue waters of Italy's largest lake. We'll disembark in Bardolino where you can challenge yourself with an extra ride or transfer right to our stunning Relais & Châteaux accommodations. This evening savor a gourmet dinner at the hotel's Michelin-starred Oseleta ristorante.

Meals: Lunch / Dinner

Destinations: Castellaro Lagusello, Peschiera, Bardolino

Accomplished: 16 miles / 26 km, elevation gain: 758 feet / 231 meters

Longer Option: 26 miles / 42 km, elevation gain: 1,843 feet / 562 meters

Accommodations: [Villa Cordevigo](#)

DAY
2

Along the Adige

Pedal through history today, tracing the route of Napoleon's armies, we'll ride to the battlefield of Rivoli and past a vast gorge carved by the Adige River. Follow a leafy bike path along the river as it heads through this gorge where you'll grasp the strategic importance of this gateway to the plains of Northern Italy. Stop for lunch at a family-run trattoria before completing the loop back to the hotel. This evening, meet a local winemaker for a private vineyard dinner.

Meals: Breakfast / Lunch / Dinner

Destinations: Rivoli, Rivalta, Chiusa di Ceraino

Accomplished: 28 miles / 46 km, elevation gain: 1,468 feet / 447 meters

Shorter Option: 25 miles / 40 km, elevation gain: 1,134 feet / 346 meters

Accommodations: [Villa Cordevigo](#)

TOUR ITINERARY

DAY
3

The Lessini Mountains

Today we'll enjoy a scenic drive up into the Lessini Mountains for a short walk through the mountain pastures to visit historic WWI trenches. The panoramic views of the Dolomites and valleys above Verona are worth the trip alone! Afterward, we'll hop on our bikes for a long, gradual descent along the ridgelines of the Valpolicella. Enjoy a glass of Amarone with the winemaker himself at a picnic lunch before pedaling or transferring through the vineyards and back to Cordevigo. Tonight, head back to Lake Garda to enjoy a sunset aperitivo and explore the local dining scene.

Meals: Breakfast / Lunch

Destinations: Lessini Mountains, Sant'Anna d'Alfaedo, Fumane

Accomplished: 29 miles / 47 km, elevation gain: 774 feet / 236 meters

Longer Option: 33 miles / 52 km, elevation gain: 1,180 feet / 360 meters

Accommodations: [Villa Cordevigo](#)

DAY
4

Custoza and Borghetto

Say goodbye to Cordevigo as we set off on a ride across the Bardolino and Custoza wine regions. The low glacial hills here are perfect for growing light reds and the Garganega and Trebbiano varietals that make these fruity and floral whites. Pedal past the monument to the Battle of Custoza and into Valeggio for lunch at a hand-made pasta shop. Just below Valeggio we'll ride into Borghetto, a fairytale village on the banks of the Mincio River. Spend the rest of the afternoon relaxing at our hotel and exploring Borghetto's boutiques and footbridges, or opt for a longer ride out to Castellarò. Tonight, our chef friend Serena will show us true Italian hospitality as we make pasta and share Italian cocktails at a cooking class that feels more like an intimate dinner party.

Meals: Breakfast / Lunch / Dinner

Destinations: Custoza, Valeggio, Borghetto sul Mincio

Accomplished: 26 miles / 41 km, elevation gain: 1,059 feet / 323 meters

Shorter Option: 40 miles / 64 km, elevation gain: 1,758 feet / 536 meters

Accommodations: [Corte Regia](#)

TOUR ITINERARY

DAY
5

Renaissance Mantua

Wake to the peaceful sounds of the Mincio River and enjoy breakfast on the terrace. Today, we follow the winding course of the river through this famously fertile land to reach Mantua, home to one of Italy's greatest concentrations of Renaissance art. Admire the Renaissance architecture of the town before meeting our friend Antonia who will welcome us into her family's palazzo for a home-made lunch. After lunch, opt to complete the ride back to the hotel or take a lift in the van. Tonight, we'll taste the Veneto's best pumpkin tortelli—the hand-stuffed pasta that's a regional specialty—on the riverside terrace of our favorite local restaurant.

Meals: Breakfast / Lunch / Dinner

Destinations: Mantua, Goito, Falzoni

Accomplished: 21 miles / 34 km, elevation gain: 338 feet / 103 meters

Longer Option: 41 miles / 66 km, elevation gain: 774 feet / 236 meters

Accommodations: [Corte Regia](#)

DAY
6

Goodbye to the Veneto

If you would like to ride this morning, you can do a final loop through the surrounding vineyards. Your guides will then transfer you to the Verona train station to say goodbye as you head on to your next destination.

Meals: Breakfast

Destinations: Verona

YOUR TOUR DETAILS

Preparing for Your Tour

Travel Services

DuVine can assist with the following reservations for up to three days before and after your tour.

- Pre and post-trip hotels in all major cities, in addition to the first and last on-tour hotels
- Private transfers

For flight reservations or to book additional travel days before or after your DuVine itinerary, we recommend working with our partners at Largay Travel. They can be reached at 203 757 9481 or duvine@largaytravel.com.

Travel Protection

DuVine offers a **Travel Protection Plan** to help protect your travel investment, your belongings, and most importantly, you. The offered Travel Protection Plan is non-refundable, but it is strongly recommended in the unfortunate event that you have to cancel or leave your trip.

NOTE: Plan benefits, limits, and provisions may vary by state or jurisdiction. In order to receive full benefits, Travel Protection must be purchased within 21 days of initial tour deposit. This plan is available to citizens of the U.S. and Canada only.

Gratuities

Gratuities for guides are much appreciated to thank them for exceptional service, support, and expertise. The industry standard is for each guest to tip 10-15% (U.S. tours and Cycle + Sail tours) or 7.5-10% (all other tours) of their trip price at the end of the tour. Unless you want to tip separately, guides will divide tips among themselves. Tips in local currency are always preferred. We recommend bringing extra cash or visiting the ATM at the beginning of your trip. For alternate methods of tipping (including Venmo, PayPal, and TransferWise), [please see our FAQs](#).



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DUVINE
CYCLING + TRAVEL

YOUR TOUR DETAILS

Bikes

DuVine's top-of-the-line bikes are tuned to perfection and fit specifically to you. Our performance bikes from premier manufacturers feature light frames, smooth-rolling tires, comfortable seats, and wide gear ranges for the best ride possible. Please see our website for the exact bike models offered on tour. Additionally, e-bikes are available on most DuVine tours. Electric assist provides an extra boost to your own pedal power, so you can ride longer distances, tackle tougher climbs, and maintain a faster pace. Electric assist is available on a first-come, first-served basis. Contact your Tour Coordinator if you are interested.

Electrical Overseas

If you're traveling abroad, you will most likely need an [adapter](#), which allows your device's plug to fit into foreign outlets. North American devices run on 110/125V electricity while the majority of the world runs on 220/240V. Converters and transformers change the voltage of electricity to match your device.

Training

First and foremost, get out on your bike and start logging some miles. Nothing compares to the real thing, but if you can't cycle outside, consider spin classes. Experience with the elements of wind, actual hills, terrain, etc will help with your comfort level (balance, unexpected conditions, etc.) on tour. Always remember, training is a gradual process—don't try to overdo it or push yourself when you aren't ready. However, the most important part of training is to enjoy your ride! [Download a training guide](#) based on your Tour Level.

Travel Sustainably

We believe bike travel should leave little behind. DuVine takes small measures to be greener—like eliminating single-use plastic water bottles, replacing paper maps with GPS, returning your pedals in cloth bags, and offering snacks in reusable containers rather than disposable plastic.



YOUR PACKING LIST

On The Bike

Cycling jerseys or athletic shirts
Cycling shorts
Cycling shoes (if you bring your own pedals)
Sneakers (if you don't bring your own pedals)
Athletic socks
Arm/leg warmers
Lightweight, waterproof, wind-resistant jacket or vest
Bike gloves
Bike saddle/cover (if you prefer your own)

Off The Bike

Walking shoes
Hiking shoes (if required)
Long + short-sleeved shirts
Sweater/jacket for evenings
Dinner attire (dressy casual) + dress shoes
Swimsuit

Travel Items*

Travel confirmations + tickets for air, rail, etc.
Passport, including photocopy
Local currency
DuVine Tour Itinerary (with meeting + departing info)
Health insurance information
Medications
Cycling gear (+ pedals) if riding on Day 1

*We recommend keeping these items in your carry-on

Additional Items

Cell phone + charger
Photography gear + charger
Power/plug adapter
Toiletries
Sunscreen, sunglasses, + other sun protection gear
Insect repellent

What We Provide

- Bike saddle
- GPS (where available)
- Flat or caged pedals
- DuVine t-shirt and jersey
- Helmet
- Water bottle
- Snacks/nutrition
- Drawstring bag

Order DuVine Gear

Want DuVine bike shorts to match your complimentary jersey? To order, contact tourcoordinators@duvine.com. Gear is shipped free of charge to DuVine guests in the U.S. and Canada. For expedited shipping and guests outside of the U.S. and Canada, additional shipping fees will apply.

Do I need to bring special gear?

- Cycling shorts are designed to provide extra padding when spending the whole day in the saddle. Don't forget the chamois cream!
- If you bring your own cycling shoes, you must bring your own pedals. If you've never used clip-in pedals before, we don't recommend using them on tour.
- Arm and leg warmers are essential for cooler weather. Wear them with your short-sleeve jersey and shorts for lightweight, easy-to-pack, and effective warmth.
- Bike gloves are a preference, but are recommended for Level 3 and 4 tours. The padding in gloves can ease arm, shoulder, and joint fatigue.

Dressing for the Weather

- The location and time of year of your tour can bring all kinds of weather, from extreme heat to relentless rain. Check extended forecasts before your trip and pack accordingly.

Before You Go

- Ensure your passport is valid for 3-6 months after return date.
- Call your bank/credit cards to notify them of upcoming travel.
- Please limit your luggage to one medium-sized suitcase and one carry-on.

BIKE SAFETY

We strongly suggest that you read these simple safety instructions. They will help you bike safely before and during your tour!

- Wear a helmet—this is mandatory on tour!
- Familiarize yourself with traffic laws and obey them. Bikes do not have the right of way, but most drivers are respectful to cyclists on the road. Always ride in the direction of traffic.
- Be aware of your surroundings at all times. Knowing what is in front of and behind you may help prevent an accident.
- Alert other riders around you by announcing the presence of traffic ("car up") or pot holes ("pot hole").
- Learn the hand signals to indicate when you are stopping or turning.
- Operate your bike consistently and predictably—avoiding erratic movements.
- Keep at least one hand on the handlebars at all times.
- Primarily use your rear brake.
- Always be aware of weather and road conditions and how they may affect your ability to brake.
- Never wear headphones or use speakers during rides.
- Always listen to additional instructions from your guides on tour.

If you have chosen an e-bike, be aware that it is slightly heavier, faster, and more powerful than a non-electric bike. Therefore, you should anticipate a different reaction when riding downhill, breaking, or dismounting from an e-bike. Your guides can offer further instruction during your bike fitting and safety review.

