



TOUR ITINERARY

Europe / France / Bordeaux

Bordeaux Bike Tour

Battle of the Banks: From the Médoc to Saint-Émilion



TOUR HIGHLIGHTS

- Be treated to haute cuisine, local wine pairings, and a Michelin-starred dinner at Chateau Troplong Mangot
- Bike among world-renowned vineyards, including Château Cheval Blanc, Château Pétrus, Château Mouton Rothschild, and Château Cos d'Estournel (to name just a few)
- Marvel at the monolithic church and picture-perfect shops in the town of Saint-Émilion
- Understand the nuances of area wines during exclusive tastings in subterranean cellars and at top wineries like Château La Dominique, Château Gazin, Château Sigalas Rabaud, Château Lamothe Bergeron, and more



ARRIVAL + DEPARTURE

Arrival Details

- ✈ **Airport City:**
Paris or Bordeaux, France
- 📍 **Pick-Up Location:**
Bordeaux Train Station
- 🕒 **Pick-Up Time:**
10:30 am

Departure Details

- ✈ **Airport City:**
Paris or Bordeaux, France
- 📍 **Drop-Off Location:**
Bordeaux Train Station
- 🕒 **Drop-Off Time:**
12:00 pm

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or emergency@duvine.com.



TOUR ITINERARY

Tour By Day

DAY
1

Welcome to the Médoc!

Your guides will greet you at the Bordeaux train station for a transfer to the heart of the famous Médoc wine appellation district. There's no better way to begin our week than with a wine tasting and garden picnic at Château Lamothe Bergeron, a historic estate and leading producer of Cru Bourgeois Supérieur. After a safety review and bike fitting, our first ride takes us along Bordeaux's internationally recognized estates, including Château Mouton Rothschild, Château Lafite Rothschild, and Château Cos d'Estournel. With our palates primed for a week of wine tasting, circle back towards Pauillac and settle into our luxurious hotel. Tonight, we're treated to the first of many memorable dinners together.

Meals: Lunch / Dinner

Destinations: Saint-Estèphe, Pauillac

Accomplished: 18 miles / 29 km, elevation gain: 564 feet / 172 meters

Accommodations: [Château Cordeillan-Bages](#)

DAY
2

Crossing the Gironde Estuary

Start the day with a dreamy French breakfast before we bid farewell to the left bank of the Gironde estuary. Warm up your legs on a short spin through vineyards heavy with Cabernet Sauvignon grapes and famous château estates. Then board a ferry bound for the right bank and arrive in Blaye, which stands just opposite the river from Pauillac. Back on soil, visit the UNESCO-classified 17th-century Citadel of Blaye and enjoy lunch with a view of the Gironde estuary. Continue cycling into the little-known wine regions of the Côtes de Bourg and round out the afternoon riding into Saint-Laurent-d'Arce. Freshen up and head out to Saint-Émilion this evening to meet our friend and local wine merchant, Benoît. Browse his shop or stroll the town's charming streets and quaint boutiques, then dine on your own in town or back at the hotel—your guides will gladly recommend their favorite restaurants.

Meals: Breakfast / Lunch

Destinations: Blaye, Bourg, Saint-Laurent-d'Arce, Guîtres, Sainte-Colombe

Accomplished: 22 miles / 40 km, elevation gain: 1,102 feet / 336 meters

Longer option: 32 miles / 53 km, elevation gain: 1,935 feet / 590 meters

Accommodations: [Château du Palanquey](#)

TOUR ITINERARY

DAY
3

Exploring Pomerol and Saint-Émilion

Today we'll ride past some of the most important estates in Pomerol and Saint-Émilion—Cheval Blanc, Beau-Séjour Bécot, Pressac, Petrus, Angélus—and taste velvety reds from the Saint-Émilion appellation. After a tasting at one of the region's renowned châteaux, bike a few more miles for lunch in the center of Pomerol. Close the loop with a ride back to our hotel to relax and freshen up. This evening, we return to Saint-Émilion to meet our friend and local wine merchant, Benoît. Browse his shop or stroll the town's charming streets and quaint boutiques, then tonight our dinner is just a stone away in a winery and restaurant featuring Michelin-awarded chef. Enjoy a special treat in Château Troplong Mongot and its Les Belles Perdrix restaurant!

Meals: Breakfast / Lunch / Dinner

Destinations: Pomerol, Bertin, Montagne, Saint-Émilion, Sainte-Colombe

Accomplished: 24 miles / 39 km, elevation gain: 1,056 feet / 322 meters

Accommodations: [Château du Palanquey](#)

DAY
4

Through the Entre-Deux-Mers and into Les Graves

After tucking into breakfast, set out on the tranquil bike paths that lead us to the Dordogne River. Here, we'll cross into the Entre-Deux-Mers region, known for its crisp white Bordeaux wines. The scenery from the saddle includes lush vineyards under endless blue sky, ruins of medieval abbeys, and classic sun-drenched villages. Following a locally sourced picnic lunch prepared by your guides, we near the vineyards of Paysage Bordelais and arrive at the banks of the Garonne River where our hotel is located. Tonight, we'll have the opportunity to taste wines produced directly on-property before we head out to the town for dinner.

Meals: Breakfast / Lunch / Dinner

Destinations: Saint-Émilion, Langoiran, Martillac

Accomplished: 41 miles / 67 km, elevation gain: 1,689 feet / 515 meters

Shorter Option: 26 miles / 42 km, elevation gain: 1,010 feet / 308 meters

Accommodations: [Château Leognan](#)

TOUR ITINERARY

DAY
5

Sweet Wine and Bittersweet Farewells

Begin the day with croissants and coffee on the terrace of our hotel, then hop on the bike to reach another stellar wine region—Graves. Pedal through medieval villages that marry French and English architecture en route to Sauternes, the capital of sweet wine. These wines were made to pair with lunch, and we'll do just that at a favorite Sauternes Château where we'll learn how the influence of "noble rot" gives Sauternes its tasty notes of honey, caramel, and tropical fruit. This afternoon, challenge yourself and ride all the way back to the hotel, or take a quick transfer back to indulge in some of the hotel's famous vinotherapy spa treatments. Tonight, it's time to toast our week together: first with a cocktail in the salon, and finally dinner where wine is the king with the harmony of the dishes prepared by our chef. Bon Appetit!

Meals: Breakfast / Lunch / Dinner

Destinations: Martillac, La Brede, Landiras, Sauternes

Accomplished: 27 miles / 45 km, elevation gain: 751 feet / 229 meters

Longer Option: 52 miles / 83 km, elevation gain: 1,745 feet / 532 meters

Accommodations: [Château Leognan](#)

DAY
6

Au Revoir

After breakfast, enjoy a leisurely stroll around the grounds and through the vineyards, or seize the opportunity for a last spin through Bordeaux's sleepy villages and superior wineries. Then it's back to the city of Bordeaux, where your guides will see you off to your next destination.

Meals: Breakfast

Destinations: Martillac, Bordeaux

Accomplished: 18 miles / 29 km, elevation gain: 593 feet / 181 meters

YOUR TOUR DETAILS

Preparing for Your Tour

Travel Services

DuVine can assist with extended reservations at the first and final hotels on your scheduled itinerary, or with private transfers to and from your bike tour. DuVine's travel advisor partners are happy to assist with flight reservations. If you are not already working with an agent, please request a referral from your **Tour Coordinator**.

Travel Protection

DuVine offers a **Travel Protection Plan** to help protect your travel investment, your belongings, and most importantly, you. The offered Travel Protection Plan is non-refundable, but it is strongly recommended in the unfortunate event that you have to cancel or leave your trip.

NOTE: Plan benefits, limits, and provisions may vary by state or jurisdiction. In order to receive full benefits, Travel Protection must be purchased within 21 days of initial tour deposit. This plan is available to citizens of the U.S. and Canada only.

Gratuities

Gratuities are much appreciated to thank DuVine guides for exceptional service, support, and expertise. The industry standard is for each guest to tip 10-15% (U.S. tours and Cycle + Sail tours) or 7.5-10% (all other tours) of their trip price. The recommended per-traveler amount is an appropriate gratuity for your guide team as a whole. (It is not necessary to tip this amount *per* guide.) Tips are customary at the end of your tour, and local currency is always preferred. We recommend bringing extra cash or visiting the ATM at the beginning of your trip.



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YOUR TOUR DETAILS

Bikes

DuVine's top-of-the-line bikes are tuned to perfection and fit specifically to you. Our performance bikes from premier manufacturers feature light frames, smooth-rolling tires, comfortable seats, and wide gear ranges for the best ride possible. Please [see our website](#) for the exact bike models offered on tour. E-bikes are available in most destinations on a first-come, first-served basis. Electric assist provides an extra boost to your own pedal power, so you can ride longer distances, tackle tougher climbs, and maintain a faster pace. Contact your Tour Coordinator if you are interested.

Electrical Overseas

If you're traveling abroad, you will most likely need an [adapter](#), which allows your device's plug to fit into foreign outlets. North American devices run on 110/125V electricity while the majority of the world runs on 220/240V. Converters and transformers change the voltage of electricity to match your device.

Training

First and foremost, get out on your bike and start logging some miles. Experience with the elements and terrain will help with your comfort level (balance, unexpected conditions, etc.) on tour. Nothing compares to the real thing, but if you can't cycle outside, consider spin classes. Always remember, training is a gradual process—don't try to overdo it or push yourself when you aren't ready. However, the most important part of training is to enjoy your ride! [Download a training guide](#) based on your Tour Level.

Travel Sustainably

DuVine is committed to sustainable travel and has been a 100% carbon neutral company since 2022. While cycling is an inherently eco-conscious mode of travel, we continuously seek ways to lessen our footprint, whether it be biodegradable water bottles or compostable gear mailers. [Read more](#) about sustainability at DuVine.



YOUR PACKING LIST

On The Bike

Cycling jerseys or athletic shirts
Cycling shorts
Cycling shoes (if you bring your own pedals)
Sneakers (if you don't bring your own pedals)
Cycling sunglasses
Athletic socks
Arm/leg warmers
Lightweight, waterproof, wind-resistant jacket or vest
Bike gloves
Bike saddle/cover (if you prefer your own)

Off The Bike

Walking shoes
Hiking shoes (if required)
Long + short-sleeved shirts
Sweater/jacket for evenings
Dinner attire (dressy casual) + dress shoes
Swimsuit

Travel Items*

Travel confirmations + tickets for air, rail, etc.
Passport, including photocopy
Local currency
DuVine Tour Itinerary (with meeting + departing info)
Health insurance information
Medications
Cycling gear (+ pedals) if riding on Day 1

*We recommend keeping these items in your carry-on

Additional Items

Cell phone + charger
Photography gear + charger
Power/plug adapter
Toiletries
Sunscreen, hat, + other sun protection gear
Insect repellent

What We Provide

- Bike saddle
- GPS (where available)
- Flat pedals
- DuVine t-shirt and jersey
- Helmet
- Water bottle
- Snacks/nutrition
- Drawstring bag

Order DuVine Gear

Want DuVine bike shorts to match your complimentary jersey? To order, contact tourcoordinators@duvine.com. Gear is shipped free of charge to DuVine guests in the U.S. and Canada. For expedited shipping and guests outside of the U.S. and Canada, additional shipping fees will apply.

Do I need to bring special gear?

- Cycling shorts are designed to provide extra padding when spending the whole day in the saddle. Don't forget the chamois cream!
- If you bring your own cycling shoes, you must bring your own pedals. If you've never used clip-in pedals before, we don't recommend using them on tour.
- Arm and leg warmers are essential for cooler weather. Wear them with your short-sleeve jersey and shorts for lightweight, easy-to-pack, and effective warmth.
- Bike gloves are a preference, but are recommended for Level 3 and 4 tours. The padding in gloves can ease arm, shoulder, and joint fatigue.

Dressing for the Weather

- The location and time of year of your tour can bring all kinds of weather, from extreme heat to relentless rain. Check extended forecasts before your trip and pack accordingly.

Before You Go

- Ensure your passport is valid for 3-6 months after return date.
- Call your bank/credit cards to notify them of upcoming travel.
- Please limit your luggage to one medium-sized suitcase and one carry-on.

BIKE SAFETY

We strongly suggest you read these simple safety instructions and watch our [brief safety video](#). They will help you bike safely before and during your tour!

- Wear a helmet—this is mandatory on tour!
- Familiarize yourself with traffic laws and obey them. Bikes do not have the right of way, but most drivers are respectful to cyclists on the road. Always ride in the direction of traffic.
- Be aware of your surroundings at all times. Knowing what is in front of and behind you may help prevent an accident.
- Alert other riders around you by announcing the presence of traffic ("car up") or pot holes ("pot hole").
- When riding as a group, maintain distance between yourself and other cyclists
- Learn the hand signals to indicate when you are stopping or turning.
- Operate your bike consistently and predictably—avoiding erratic movements.
- Keep at least one hand on the handlebars at all times.
- Primarily use your rear brake.
- Always be aware of weather and road conditions and how they may affect your ability to brake.
- Never wear headphones or use speakers during rides.
- Always listen to additional instructions from your guides on tour.

If you have chosen an e-bike, be aware that it is slightly heavier, faster, and more powerful than a non-electric bike. Therefore, you should anticipate a different reaction when riding downhill, braking, or dismounting from an e-bike. Your guides can offer further instruction during your bike fitting and safety review.

