



## TOUR ITINERARY



Europe / Italy / Tuscany

# Classic Tuscany Bike Tour

Essential Italy: What Locals Love Beyond Siena and Florence



## TOUR HIGHLIGHTS

- Learn the family recipes that have been handed down over generations as you cook with our friend Lina in her 15th-century home
- Spend a night in historic Pienza, a place of architectural heritage named for the Pope who made it his mission to transform the town into an ideal Renaissance city
- Pedal through UNESCO-recognized landscapes of wheat fields where scenes from Gladiator were famously filmed
- Meet Paolo and his mother at their olive mill for a home-cooked lunch and olive oil tasting featuring products grown on the farm





## ARRIVAL + DEPARTURE

### Arrival Details

- ✈ **Airport City:**  
Rome or Florence, Italy
- 📍 **Pick-Up Location:**  
Chiusi Train Station
- 🕒 **Pick-Up Time:**  
11:00 am

### Departure Details

- ✈ **Airport City:**  
Rome or Florence, Italy
- 📍 **Drop-Off Location:**  
Florence Piazzale Michelangelo
- 🕒 **Drop-Off Time:**  
1:30 pm

**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

### Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or [emergency@duvine.com](mailto:emergency@duvine.com).



## TOUR ITINERARY

### Tour By Day

DAY  
1

#### La Dolce Vita

Meet your guides at the Chiusi train station for a transfer to the tiny village of Montefollonico. Here, an authentic Tuscan welcome awaits with lunch on the scenic terrace of a centuries-old olive mill. After, get fitted on your bike and set off on a ride through the classic Tuscan countryside—you'll feel as though you've traveled back to the 13th century pedaling on the cobbled streets of tiny Petroio and greeting locals as they tend their olive groves. Choose your own adventure with longer or shorter ride options that lead to our boutique hotel in the heart of Pienza, tucked in amongst the town's Renaissance architecture. This evening, watch the sun set over the Tuscan hills as we dine al fresco on the terrace of a local organic farm.

**Meals:** Lunch / Dinner

**Destinations:** Pienza, Petroio

**Accomplished:** 19 miles / 29 km, elevation gain: 1,919 feet / 585 meters

**Shorter Option:** 14 miles / 22 km, elevation gain: 1,332 feet / 406 meters

**Accommodations:** [La Bandita Townhouse](#)

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DAY  
2

#### Montalcino: Castles, Brunello, and Home-Cooking

Set off riding through the Val d'Orcia, an area so beautiful that UNESCO designated it a World Heritage Site—you may also recognize it from the movie *Gladiator*'s famous wheat field scene. Climb up to the craggy medieval fortress of Castiglione for a coffee stop (a key component of Italian cycling culture), then enjoy an endless downhill through the olive groves. The final push brings us to our favorite Brunello winery, where the reward for our efforts is a gorgeous tasting lunch. Spend the afternoon relaxing by the pool or getting pampered at the spa of our five-star castle hotel. This evening we'll head into Montalcino for a cooking class and dinner in the 15th-century home of our friend Lina.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Montichiello, Castiglione d'Orcia, Montalcino

**Accomplished:** 24 miles / 39 km, elevation gain: 2,247 feet / 685 meters

**Longer Option:** 38 miles / 62 km, elevation gain: 3,487 feet / 1,063 meters

**Accommodations:** [Castello di Velona](#)

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## TOUR ITINERARY

DAY  
3

### Hilltown Loop

Today's loop ride begins with a climb to Montalcino on a route lined with prestigious vineyards. Follow in the footsteps of Roman legions, popes and emperors as we pedal along the ancient Via Cassia into medieval San Quirico. Soak up the atmosphere in the main piazza before continuing along a scenic ridgeline to our friend Paolo's olive mill for lunch cooked by his mother and a tasting of organic olive oil. After lunch, enjoy a relaxed spin along the Asso Valley (home to rare white truffles) and the option to complete the full loop ride or take a quick shuttle back to the hotel. This evening, treat yourself to some rest and relaxation at the pool and spa before another satisfying dinner.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Montalcino, San Giovanni d'Asso, Castelmuzio, San Quirico

**Accomplished:** 38 miles / 61 km, elevation gain: 2,893 feet / 1,032 meters

**Longer Option:** 50 miles / 81 km, elevation gain: 4,720 feet / 1,439 meters

**Accommodations:** [Castello di Velona](#)

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DAY  
4

### Across the Crete Senesi: Monks and Masterpieces

Say goodbye to Montalcino as we ride through the mystical morning light that bathes the Romanesque Abbey of Sant'Antimo. Pedal across the Brunello region before we stop for a visit of the Renaissance frescoes at the Abbey of Monte Oliveto. After a picnic lunch, continue riding along the open ridges of this scenic landscape. Opt for an earlier van transfer or continue cycling all the way to our final hotel. Tonight, head into the medieval city of Siena to explore and dine there, or stay close and delight in dinner at the hotel.

**Meals:** Breakfast / Lunch

**Destinations:** Buonconvento, Monte Oliveto, Asciano, Siena

**Accomplished:** 29 miles / 46 km, elevation gain: 2,083 feet / 635 meters

**Longer Option:** 40 miles / 65 km, elevation gain: 2,863 feet / 873 meters

**Accommodations:** [Castel Monastero](#)

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## TOUR ITINERARY

DAY  
5

### Chianti Classico: The Tuscan Heartland

Olive and cypress trees surround us as we ride deep into the hills of Chianti. We'll see plenty of fortified hamlets and castles—relics of Florence and Siena's 300-year struggle for regional dominance and ownership over the birthplace of Chianti Classico wines found in ancient cellars around the area. Pedal past countless estates as we weave our way through forests and vineyards to a private tasting lunch at a family-run Chianti winery. This evening we'll say goodbye to this region with a special final dinner at our friend Serena's house, featuring great home-cooked dishes and warm hospitality.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Castelnuovo, Brollo, Castagnoli

**Accomplished:** 28 miles / 45 km, elevation gain: 2,673 feet / 658 meters

**Longer Option:** 43 miles / 69 km, elevation gain: 3,457 feet / 1054 meters

**Accommodations:** [Castel Monastero](#)

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DAY  
6

### Ride to Florence

On our last day, choose between a late morning at the hotel or ride all the way across Chianti for a triumphant finish in Florence's Piazzale Michelangelo. Whether you rode here or took a transfer, we say our goodbyes with the stunning Florentine skyline as our backdrop as guides see you off to your next adventure.

**Meals:** Breakfast

**Destinations:** Radda, Castellina, Florence

**Optional Ride:** 36 miles / 58 km, elevation gain: 2,253 feet / 687 meters

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## YOUR TOUR DETAILS

### Preparing for Your Tour

#### Travel Services

DuVine can assist with the following reservations for up to three days before and after your tour.

- Pre and post-trip hotels in all major cities, in addition to the first and last on-tour hotels
- Private transfers

DuVine's travel advisor partners are happy to assist with flight reservations. If you are not already working with an agent, please request a referral from your Tour Coordinator.

#### Travel Protection

DuVine offers a **Travel Protection Plan** to help protect your travel investment, your belongings, and most importantly, you. The offered Travel Protection Plan is non-refundable, but it is strongly recommended in the unfortunate event that you have to cancel or leave your trip.

NOTE: Plan benefits, limits, and provisions may vary by state or jurisdiction. In order to receive full benefits, Travel Protection must be purchased within 21 days of initial tour deposit. This plan is available to citizens of the U.S. and Canada only.

#### Gratuities

Gratuities are much appreciated to thank DuVine guides for exceptional service, support, and expertise. The industry standard is for each guest to tip 10-15% (U.S. tours and Cycle + Sail tours) or 7.5-10% (all other tours) of their trip price. The recommended per-traveler amount is an appropriate gratuity for your guide team as a whole. (It is not necessary to tip this amount *per* guide.) Tips are customary at the end of your tour, and local currency is always preferred. We recommend bringing extra cash or visiting the ATM at the beginning of your trip. For alternate methods of tipping (including Venmo, PayPal, and TransferWise), **please see our FAQs**.



#### Share Your Experience

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@duvine  
#DuVine #DuVineStyle



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WINE TOURS • CYCLE TOURS • SAIL TOURS

## YOUR TOUR DETAILS

### Bikes

DuVine's top-of-the-line bikes are tuned to perfection and fit specifically to you. Our performance bikes from premier manufacturers feature light frames, smooth-rolling tires, comfortable seats, and wide gear ranges for the best ride possible. Please see our website for the exact bike models offered on tour. Additionally, e-bikes are available on most DuVine tours. Electric assist provides an extra boost to your own pedal power, so you can ride longer distances, tackle tougher climbs, and maintain a faster pace. Electric assist is available on a first-come, first-served basis. Contact your Tour Coordinator if you are interested.

### Electrical Overseas

If you're traveling abroad, you will most likely need an [adapter](#), which allows your device's plug to fit into foreign outlets. North American devices run on 110/125V electricity while the majority of the world runs on 220/240V. Converters and transformers change the voltage of electricity to match your device.

### Training

First and foremost, get out on your bike and start logging some miles. Nothing compares to the real thing, but if you can't cycle outside, consider spin classes. Experience with the elements of wind, actual hills, terrain, etc will help with your comfort level (balance, unexpected conditions, etc.) on tour. Always remember, training is a gradual process—don't try to overdo it or push yourself when you aren't ready. However, the most important part of training is to enjoy your ride! [Download a training guide](#) based on your Tour Level.

### Travel Sustainably

DuVine is committed to sustainable travel and has been a 100% carbon neutral company since 2022. While cycling is an inherently eco-conscious mode of travel, we continuously seek ways to lessen our footprint, whether it be biodegradable water bottles or compostable gear mailers.

[Read more](#) about sustainability at DuVine.





# YOUR PACKING LIST

## On The Bike

Cycling jerseys or athletic shirts  
Cycling shorts  
Cycling shoes (if you bring your own pedals)  
Sneakers (if you don't bring your own pedals)  
Cycling sunglasses  
Athletic socks  
Arm/leg warmers  
Lightweight, waterproof, wind-resistant jacket or vest  
Bike gloves  
Bike saddle/cover (if you prefer your own)

## Off The Bike

Walking shoes  
Hiking shoes (if required)  
Long + short-sleeved shirts  
Sweater/jacket for evenings  
Dinner attire (dressy casual) + dress shoes  
Swimsuit

## Travel Items\*

Travel confirmations + tickets for air, rail, etc.  
Passport, including photocopy  
Local currency  
DuVine Tour Itinerary (with meeting + departing info)  
Health insurance information  
Medications  
Cycling gear (+ pedals) if riding on Day 1

\*We recommend keeping these items in your carry-on

## Additional Items

Cell phone + charger  
Photography gear + charger  
Power/plug adapter  
Toiletries  
Sunscreen, hat, + other sun protection gear  
Insect repellent

## What We Provide

- Bike saddle
- GPS (where available)
- Flat or caged pedals
- DuVine t-shirt and jersey
- Helmet
- Water bottle
- Snacks/nutrition
- Drawstring bag

## Order DuVine Gear

Want DuVine bike shorts to match your complimentary jersey? To order, contact [tourcoordinators@duvine.com](mailto:tourcoordinators@duvine.com). Gear is shipped free of charge to DuVine guests in the U.S. and Canada. For expedited shipping and guests outside of the U.S. and Canada, additional shipping fees will apply.

## Do I need to bring special gear?

- Cycling shorts are designed to provide extra padding when spending the whole day in the saddle. Don't forget the chamois cream!
- If you bring your own cycling shoes, you must bring your own pedals. If you've never used clip-in pedals before, we don't recommend using them on tour.
- Arm and leg warmers are essential for cooler weather. Wear them with your short-sleeve jersey and shorts for lightweight, easy-to-pack, and effective warmth.
- Bike gloves are a preference, but are recommended for Level 3 and 4 tours. The padding in gloves can ease arm, shoulder, and joint fatigue.

## Dressing for the Weather

- The location and time of year of your tour can bring all kinds of weather, from extreme heat to relentless rain. Check extended forecasts before your trip and pack accordingly.

## Before You Go

- Ensure your passport is valid for 3-6 months after return date.
- Call your bank/credit cards to notify them of upcoming travel.
- Please limit your luggage to one medium-sized suitcase and one carry-on.

## BIKE SAFETY

We strongly suggest that you read these simple safety instructions. They will help you bike safely before and during your tour!

- Wear a helmet—this is mandatory on tour!
- Familiarize yourself with traffic laws and obey them. Bikes do not have the right of way, but most drivers are respectful to cyclists on the road. Always ride in the direction of traffic.
- Be aware of your surroundings at all times. Knowing what is in front of and behind you may help prevent an accident.
- Alert other riders around you by announcing the presence of traffic ("car up") or pot holes ("pot hole").
- When riding as a group, maintain distance between yourself and other cyclists
- Learn the hand signals to indicate when you are stopping or turning.
- Operate your bike consistently and predictably—avoiding erratic movements.
- Keep at least one hand on the handlebars at all times.
- Primarily use your rear brake.
- Always be aware of weather and road conditions and how they may affect your ability to brake.
- Never wear headphones or use speakers during rides.
- Always listen to additional instructions from your guides on tour.

If you have chosen an e-bike, be aware that it is slightly heavier, faster, and more powerful than a non-electric bike. Therefore, you should anticipate a different reaction when riding downhill, breaking, or dismounting from an e-bike. Your guides can offer further instruction during your bike fitting and safety review.

